

Preparing for Pentecost

The Holy Spirit is probably the most mysterious member of the Trinity, and yet the Spirit actually *lives within* each one of us.

If we have any faith, it is because of the Spirit.

If we feel any peace, it is a gift of the Spirit.


If we do any good works, it is at the prompting of the Spirit.

We celebrate this as a Church each Pentecost by remembering when the Holy Spirit descended upon the first disciples. But the Spirit's incredible power to support, comfort and motivate us is available to us *all the time*. We just need to be open to it.

This year at Saint Joseph parish, we are planning a special time of preparation for Pentecost, designed to help each one of us open ourselves to the fullness of life and love that the Spirit is ready and waiting to share!

Be on the lookout for these opportunities:

- Allow **GRATITUDE** to open your heart - Did you have a prayer answered this Lent? Or maybe you received an unexpected blessing? We'll be supplementing the incredible prayer chain in the church with prayers of gratitude between now and Ascension Thursday, May 26. Fill out a link for the prayer chain in the Narthex or at stjosephmech.org/prayer-chain-request.
- **GET TO KNOW** the Holy Spirit - Drop in on "The Wild Goose", a fantastic video-based program that explains who the Spirit is and how the Spirit enriches our lives. Beginning Monday, May 9 at 7 PM via Zoom, Wednesday May 11 at 10 AM in person, and Sunday May 15 at 6 PM in person.
- **SEE** the Spirit at work - Revisit the "prayer process" that walks you step-by-step through becoming more aware of God's presence and power in your every day life. Find it at stjosephmech.org/prayer-process.
- Pray a Holy Spirit **NOVENA** - Beginning May 26, offered both at daily Mass and via social media.
- Pentecost Evening **RETREAT & VIGIL MASS** - Taking place Saturday, June 4th. Mark your calendars now!



Visit
stjosephmech.org/pentecost-preparation

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